follow us







TENNIS

- 1 HOUR 6€
- 1 HOUR LIGHT 2€
- RACKETS FOR HIRE 1€

PADEL

- 1,5 HOURS 12€ RESORT CLIENTS
- 1,5 HOURS 16€ EXTER. CLIENTS
- 1 HOUR LIGHT 2€
- RACKETS FOR HIRE 1€



More than 800 m2 with the most advanced equipment. A great space for training and fitness workout. In addition to this, there are three different rooms for aerobics, indoor cycling and cross training. Thermal circuit: marina senses spa&wellness is a unique space that will make you disconnect from your daily routine. A complete circuit where you will find all you need to feel good inside and out.



Marina Senses Spa & Wellness is a unique space that will provide you that moment of relaxation that you need. A complet and exceptional circuit in which you'll find everything you need to feel good inside and outside.



HAIRDRESSING

The latest trends in hairdressing are waiting for you in our beauty salon. Exclusive treatments for your hair, nails, hair removal and much more.

Información y reservas · Information and reservations



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www.marinasenses.com

EXTERNAL CLIENTS							
SUSCRIPTION	MONTH	3 MONT.	6 MONT.	YEAR	ATION A 12€		
GYM*	50 €	135 €	250 €	400 €	REGISTR YM&SP/		
GYM* & SPA	65 €	175 €	325 €	525 €	ATORY I 10€ - G`		
GYM* & SPA REDUCED	50€	FROM MONDAY TO FRIDAY FROM 13 TO 17 H		MAND, GYM			
GYM SESSION*	10 €						
VOUCHER GYM* 10 SESSIONS	60€	VALID FOR ONE YEAR					
GYM* & SPA WEEK PASS	40 €	CHECK AVAILABILITY					
*ENTRY IS NOT ALLOWED FOR CHILDREN UNDER 14 YEARS OLD.							

MANDATORY USE OF TOWEL AND SPORTS SHOES

Monday to Friday from 9:00 to 22:00 h. Saturdays de 9:30 a 21:30 h., days and Bank holidays from 9:30 to 21:00 h

OPENING HOURS

Monday to Friday from 9:00 to 19:30 h Saturdays from 9:30 to 19:30 h. ndays and Bank holidays from 9:30 to 19:00 l

CHILDREN SCHEDULE SPA

FAMILY HOT TUB • SPRINKLERS BEDS

BUBBLE BEDS • HOT POND

WATER CURTAIN • THERMAL HAMMOCKS

UPSTREAM PASSAGE • FINNISH SAUNA

WATER CANNONS • ROMAN BATH

CITRIC POOL • TURKISH HAMMAN BATH

COLD POOL. • ICE CABIN

SWIMMING POOL 14X6 • SENSATION SHOWERS HYDROTHERAPY JETS • ECOBAR AREA

EXTERNAL CLIENTS		RESORT CLIENTS				
1 ADULT SESSION	25 €	1 ADULT SESSION	16 €			
1 KID SESSION	12 €	1 KID SESSION	10 €			
VOUCHER SPA&GYM 10 SESSIONS	175 €	LONG STAY CLIENTS + 30 DAYS	5€			
VOUCHER SPA KID 10 SESSIONS	75 €	MONTH CARD	40 €			
CHILDREN FROM 3 TO 12 YEARS OLD						

Expiration data of vouchers (Gym or Gym&Spa) - one year

SPA SESSION 90 MINUTES . RESERVATION REQUIRED







MASSAGE COLLECTION

RELAX MASSAGE

Soft and relaxing massage to help reduce stress in a quiet and harmonious surrounding.

25 min 27€ • 50 min 45€ • 75 min 60€

DEEP MUSCLE MASSAGE

This massage is recommended after sport activities, treating the deep tissue, helping to dissolve muscular tension and eliminating toxins.

30 min 35€ • 50 min 50€ • 75 min 65€

COUPLES MASSAGE

A relaxing massage to share with someone special in a warm and cozy environment to enjoy an unforgettable experience.

25 min 60€ • 50 min 95€

AROMA THERAPY MASSAGE

You will be surrounded in a world of aromas and oil (essence of choice) with a relaxing massage.

25 min 30€ • 50 min 45€

GEOTHERMAL MASSAGE

This massage combines the manual techniques with the use of warm volcanic stones that provides relaxation in tension zones.

50 min 55€

BAMBOO CANE MASSAGE

Exotic massage with bamboo canes, relaxing and with a draining effect.

50 min 55€

QUIROGOLF MASSAGE

Unique profound massage with golf balls, excellent to relieve the nervous system, to calm joints and muscles pain, improving the elasticity and eliminate stress.

50 min 55€

HAWAIIAN MASSAGE

Lomi lomi massage of polynesian origin that helps to restore the energy circulation and to relax the muscles.

30 min 35€

SEASHELL MASSAGE

Relaxing massage, gentle movements are made with shells with a calming effect on the body.

50 min 55€

INDIAN MASSAGE WITH CANDLES

Soft and stimulating relaxing massage with hot aromatic candles.

50 min 50€

ANTI-CELLULITE MASSAGE

Profund manuel massage that reactivates the blood circulation improving the oxygenation of the cells and improving orange peel skin.

40 min 50€

ASIAN RITUAL

Massage with pressure, joint movements and stretching that relaxes your body.

40 min 50€

RITUALS COLLECTION

WELLNESS WRAP "ESSENCE"

Body wrap and exfoliation to enhance the skin luminosity, balance and a feeling of well-being and comfort. To choose from cocoa, red grape, clay, seaweed, pearls, and aloe vera.

55 min 55€

INDIAN RITUAL WITH CANDLES

Body scrub and relaxing massage with hot scented candles. An experience for the senses.

60 min 65€

HAWAIIAN RITUAL

Body scrub and Lomi massage that helps to restore the energy circulation and to relax the muscles.

60 min 65€

SEASHELL RITUAL

Sensory and therapeutic experience. Pearls scrub with seashell massage that will recharge your body with positive energies..

60 min 65€

MEDITERRANEAN BREEZE RITUAL

Body ritual with seaweed extracts that brings the freshness of the sea to your skin.

75 min 75€

KINGS OF EGIPT RITUAL

Oriental-style treatment with soft nuances of argan, bamboo and vanilla. Let yourself be seduced by the enigmatic aroma of the queen of Egypt.

75 min 75€

RITUAL GOLD SUPREME

Facial and body treatment with micro gold particles with a high power of regeneration and hydration.

120 min 95€

BLACK CLAY REDUCER

Body wrap, scrub, and pressotherapy. A purifying treatment focused on the abdomen, buttocks, and legs..

80 min 70€

BEAUTY&RELAX

Relax massage and facial treatment a la carte that will make you will feel better inside and outside.

90 min 85€

PRESS THERAPY

Therapy that improves and restores the circulatory system. Non-intrusive and very effective.

25 min 15€

RITUALS

10%
DISCOUNT

Discount applicable to the RITUALS COLLECTION.
Promotion available for guests staying at the Resort.

BEAUTY COLLECTION

FACIAL EXPRESS

Revitalizing treatment that brings luminosity and energy to the skin.

40 min 40€

PROFOUND FACIAL CLEANSING

This treatment helps to remove impurities from your skin including dead skin cells and excess oils.

55 min 55€

SPECIFIC FACIAL A LA CARTE

Specific facial treatment according to your skins needs. Giving your face that fresh look.

60 min 65€

HANDS BEAUTY

Make your hands look better with this complete aesthetic treatment.

50 min 29€

FOOT BEAUTY

Make your feet look better . You are provided with a sensation of relief and wellness with this complete aesthetic treatment.

50 min 35€

WOOD THERAPY

It stimulates the body using a massage technique with wooden tools that reduces fluid retention and targets localized fat.

60 min 65€

